



Report from our mission to Honduras # 29

March 07 to March 19, 2012



All the bags are loaded for the trip to San Lorenzo!

We have just returned home from Honduras last week. This mission was one of the best ones yet! After we arrived in Honduras and the rest of the group joined us, we traveled to the region of San Lorenzo where we conducted medical brigades and constructed two homes. Each day we traveled to small villages where we operated medical brigades. During the medical brigades we saw many children and women needing basic medical care. There were only a few men present as most of them were out working in the field. We conducted 6-days of medical brigades and saw nearly 1200 patients.

We traveled to a different village every day and cared for the people that traveled by foot to see us, some traveled as much as 3 or 4 Km to come and receive medical attention. The most serious we attended was a young 14-year-old boy that had a serious heart problem. Dr. Carol and I made arrangements for him to travel to Tegucigalpa, a 2.5-hour drive, the next day at 4:30am with the help of "Foundation Agrolibano" so that the young boy could be seen by a good friend of mine, Dr Hugo a cardiac surgeon. A driver along with Dr. Carol accompanied them to the hospital where he was seen and examined not only by Dr. Hugo, but also by his team of specialists. His condition his very serious and he more than likely will need surgery. But after this examination it was concluded that more testing would be needed and Dr. Hugo is going to make the necessary arrangements and keep me posted on what is needed next.



Dr. Bly from Edmonton consulting with his local assistant regarding this family on day one.



All the medication and Physician travel packs we took with us for this mission were extremely helpful. Additionally the large quantity of vitamins we took proved to be a huge necessity, and will provide a long lasting effect on the people we attended. As a matter of fact we think that vitamins are extremely useful and we hope to concentrate on using these for all of the brigades in the future.



Again the days of medical brigades were super busy, but we were able to care for all that came and waited in line to see us. The non-medical personnel in the group did a great job at making sure the clinics were set up promptly, patients were organized, vitamins were handed out accordingly and the process was continually running at a smooth pace. This enabled the medical volunteers to focus solely on seeing patients and providing optimum care. The Canadian and Honduran teams worked very well together and as a result strong connections were made, and lifelong friendships have been formed.



On our last day in the region of San Lorenzo we constructed two homes for two very needy families. The homes were constructed not only by our team, but with the help of the families receiving the homes and many other people in the village. These homes were made possible by the generous support we received here in Canada. The cost to build the two homes is approx. \$2500.00/each and we are hoping to construct two or more on the next trip this November 2012. More details will be posted on our website shortly about the next trip and how you can take part in it and how you can support the construction of these homes.

Prior to having these homes the families were sleeping on dirt floors and the walls of the homes were made of mud, plastic and cardboard that was found at the local dump. These homes not only provide better shelter, but will also help in improving the health condition of the whole family by not sleeping on wet, cold dirt floors, plus decrease the amount of bug bites they sustain at night while sleeping. One of the young boys said to me after I asked if he liked his new home "Yes sir, now the bugs won't get me anymore." It sure made me happy that with your help back in Canada we were able to construct two of these. So of behalf of that young boy, we want to say a big thank you!



The next part of our journey took us back to Jesus De Otoro where we have been working for the past 9-years. We also have supported the local orphanage/daycare for the past 5-years now. Again with the generous support of vitamin companies we were able to provide a full year supply of vitamins for all the 30 children at the orphanage. Also because of the help and cash donations we received prior to our mission, we were able to purchase close to \$2,000.00 of dry goods. This should provide the basic alimentation for the next 12-months.



And yes we did find time to have some fun!



From Healthy Horizons and our March 2012 team we would like to say thank you to all of our families, friends and supporters, Stamford United Church, Niagara Falls, The Rotary International St. Catharines, Lakeshore and the Niagara Falls Sunrise clubs, Kiwanis Niagara Falls, Niagara Air Bus Niagara Falls, American Airlines Toronto, Natural Factors Canada, Nature's Fair Canada, Seroyal Canada, Alison's Sports, Revera Home Health Services, McLeod Dental, Sauer's Pharmacy, North City Insurance, Niagara Falls McDonald (toys).

Thank you for granting us the privilege to be a part of this great experience. Remember, it is only with ALL of your support that we can accomplish so much!

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